## January 08 - 12

Welcome back! However you spent your days, I hope it created positive core memories. :) It was nice to have our faculty and staff back for a few days allowing everyone to reacclimate. Everyone has been working so hard to plan and prepare for a fabulous 2nd semester. We have 93 days left with students and teachers are wanting to make EVERY day count. I hope you love Wortham Oaks as much as I do.

#### This month

This month we will have our 2nd Annual Family S.T.E.A.M. Night!! Mark your calendars for Thursday January 25 from 5 - 7 pm. More information to come!

Per HB1886 EVERY 1st grader will be screened for Dyslexia in the month of January. Classroom teachers will be sharing more information.

Middle of Year Screener windows open up in January, there is a page in this Wildcats Weekly that will have more information.

#### **Upcoming events**

- 08: Students Come Back
- 09: Law Enforcement Appreciation Day
- 09: PTO Meeting IN PERSON
- II: NEHS @ 5:30
- 15: No School
- 20: Honor Choir Auditions (4th & 5th Grade)
- 25: S.T.E.A.M. Family Night

#### February

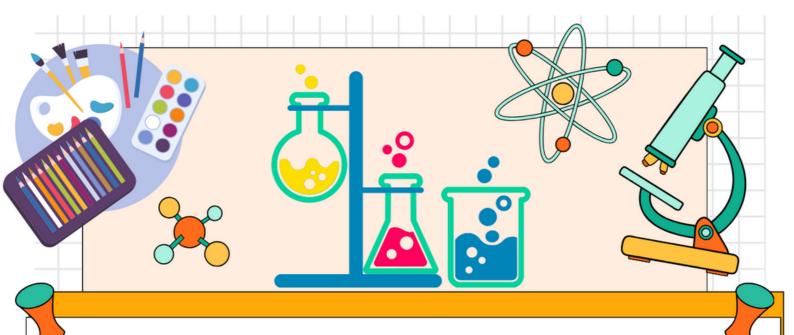
- 06: 100th Day of School
- 09: Class Pictures
- 12: Student Holiday
- 22: School Bus Driver Appreciation Day
- 23: Club Pictures
- 26-0l: Dr. Seuss Week
- 29: Starbooks Night (Ist Grade)



#### Get Involved

PTO Information Page
Wortham Oaks Facebook page





## WORTHAM OAKS ELEM. CAFETERIA Thursday, January 25 5-7 PM

Discover, innovate, and create with STEAM.

The possibilities are endless!

#### COME PLAY AND LEARN WITH

Mathnasium, CodeNinjas, SAPD CSI Unit,
DoSeum, SA Waste Mgmt.,
UTSA Dept. of Physics & Astronomy,
JECA RoboRaptors,
Art with Mrs. Carreon and
YOUR favorite Science Teachers!!

# EMOTIONS @ HOME—CALMING STRATEGY: CONNECT



Listening to your child and acknowledging the emotion they are feeling is powerful! Help your child feel understood by physically getting down to their level, where you can listen and observe and learn how they are experiencing their big feeling.

#### **CURIOUS QUESTIONS:**

- 1. Ask your child to teach you the different ways to connect. You can use the activity sheet and Connect cards for help.
- 2. Share with each other your favorite way to connect.
- 3. Ask your child to tell you which one they would like to use when they feel surprised. How would they choose to connect if they felt a different emotion, like sad or scared?
- 4. Share different times when you each have felt surprised. Were they times of happy surprise or scary surprise? What did you do?

Continue building your emotions center display by adding this week's Connect activity sheet and Connect cards.



### Connect

There are many ways to Connect with others to feel calm. Circle the pictures that show ways to Connect.



#### **Proactive Planning**

Important Dates for January - February

